



**MGM's INSTITUTE OF PHYSIOTHERAPY
AURANGABAD**

Monthly lesson plan

Doc No.	DC/MGM IOP/ MLP/IQAC/005
Issue No.	1
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Subject : Kinesiology


Year :2023

For the Month of: May (II Year Regular and odd batch)

Date	Day	Topic	Staff	Time	Hrs
03/05/23	Wednesday	Biomechanics of ADLs	Dr.Ayushi	2-3	1
04/03/23	Thursday	Biomechanics of ADLs	Dr.Ayushi	3-4	1
05/03/23	Friday	Biomechanics of ADLs	Dr.Ayushi	12-1	1
06/03/23	Saturday	Biomechanics of ADLs	Dr.Ayushi	10-11	1
08/03/23	Monday	Biomechanics of ADLs	Dr.Ayushi	3-4	1
Name of the staff					
Dr.Ayushi	05				
Total lectures	05				

Subject incharge

Principal

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Subject : Kinesiology
For the Month of: April (II Year Regular and odd batch)


Year :2023

Date	Day	Topic	Staff	Time	Hrs
03/04/23	Monday	Biomechanics of hip joint	Dr. Kapil	3-4	1
05/04/23	Wednesday	Biomechanics of hip joint	Dr. Kapil	2-3	1
06/04/23	Thursday	Biomechanics of hip joint	Dr. Kapil	3-4	1
07/04/23	Friday	Biomechanics of hip joint	Dr. Kapil	12-1	1
08/04/23	Saturday	Biomechanics of hip joint	Dr. Kapil	10-11	1
10/04/23	Monday	Biomechanics of hip joint	Dr. Kapil	3-4	1
12/04/23	Wednesday	Biomechanics of shoulder joint	Dr. Payal	2-3	1
13/04/23	Thursday	Biomechanics of shoulder joint	Dr. Payal	3-4	1
15/04/23	Saturday	Biomechanics of shoulder joint	Dr. Payal	10-11	1
17/04/23	Monday	Biomechanics of shoulder joint	Dr. Payal	3-4	1
19/04/23	Wednesday	Biomechanics of shoulder joint	Dr. Payal	2-3	1
20/04/23	Thursday	Biomechanics of knee joint	Dr. Kapil	3-4	1
21/04/23	Friday	Biomechanics of knee joint	Dr. Kapil	12-1	1
24/04/23	Monday	Biomechanics of knee joint	Dr. Kapil	3-4	1
26/04/23	Wednesday	Biomechanics of knee joint	Dr. Kapil	2-3	1
27/04/23	Thursday	Biomechanics of knee joint	Dr. Kapil	3-4	1
28/04/23	Friday	Biomechanics of knee joint	Dr. Kapil	12-1	1
29/04/23	Saturday	Biomechanics of ADLs	Dr. Ayushi	10-11	1
Name of staff	No of lectures				
Dr. Kapil	12				
Dr. Payal	5				
Dr. Ayushi	1				
Total lectures	18				

Khataje

Subject incharge

Principal

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Year :2023

Subject : Kinesiology
For the Month of: March (II Year Regular batch)

Date	Day	Topic	Staff	Time	Hrs
16/03/23	Thursday	Basics of biomechanics	Dr.Sanskruti	3-4	1
17/03/23	Friday	Basics of biomechanics	Dr.Sanskruti	12-1	1
18/03/23	Saturday	Basics of biomechanics	Dr.Sanskruti	10-11	1
20/03/23	Monday	Basics of biomechanics	Dr.Sanskruti	3-4	1
22/03/23	Wednesday	Basics of biomechanics	Dr.Sanskruti	2-3	1
23/03/23	Thursday	Basics of biomechanics	Dr.Sanskruti	3-4	1
24/03/23	Friday	Basics of biomechanics	Dr.Sanskruti	12-1	1
25/03/23	Saturday	Basics of biomechanics	Dr.Sanskruti	10-11	1
27/03/23	Monday	Basics of biomechanics	Dr.Sanskruti	3-4	1
29/03/23	Wednesday	Basics of biomechanics	Dr.Sanskruti	2-3	1
30/03/23	Thursday	Basics of biomechanics	Dr.Sanskruti	3-4	1
31/03/23	Friday	Basics of biomechanics	Dr.Sanskruti	12-1	1
Name of the staff	No of lectures				
Dr.Sanskruti	12				
Total lectures	12				

Satage

Subject incharge

V. Anil
Principal



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**Subject : Kinesiology
For the Month of: April (II Year Regular and odd batch)**

Year :2023

Date	Day	Topic	Staff	Time	Hrs
03/04/23	Monday	Biomechanics of hip joint	Dr. Kapil	3-4	1
05/04/23	Wednesday	Biomechanics of hip joint	Dr. Kapil	2-3	1
06/04/23	Thursday	Biomechanics of hip joint	Dr. Kapil	3-4	1
07/04/23	Friday	Biomechanics of hip joint	Dr. Kapil	12-1	1
08/04/23	Saturday	Biomechanics of hip joint	Dr. Kapil	10-11	1
10/04/23	Monday	Biomechanics of hip joint	Dr. Kapil	3-4	1
12/04/23	Wednesday	Biomechanics of shoulder joint	Dr. Payal	2-3	1
13/04/23	Thursday	Biomechanics of shoulder joint	Dr. Payal	3-4	1
15/04/23	Saturday	Biomechanics of shoulder joint	Dr. Payal	10-11	1
17/04/23	Monday	Biomechanics of shoulder joint	Dr. Payal	3-4	1
19/04/23	Wednesday	Biomechanics of shoulder joint	Dr. Payal	2-3	1
20/04/23	Thursday	Biomechanics of knee joint	Dr. Kapil	3-4	1
21/04/23	Friday	Biomechanics of knee joint	Dr. Kapil	12-1	1
24/04/23	Monday	Biomechanics of knee joint	Dr. Kapil	3-4	1
26/04/23	Wednesday	Biomechanics of knee joint	Dr. Kapil	2-3	1
27/04/23	Thursday	Biomechanics of knee joint	Dr. Kapil	3-4	1
28/04/23	Friday	Biomechanics of knee joint	Dr. Kapil	12-1	1
29/04/23	Saturday	Biomechanics of ADLs	Dr. Ayushi	10-11	1
Name of staff	No of lectures				
Dr. Kapil	12				
Dr. Payal	5				
Dr. Ayushi	1				
Total lectures	18				

Shatage

Subject incharge

V. Shah
Principal



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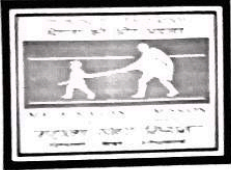
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Subject :Kinesiology **Year :2022**
For the Month of: October (II Year Odd and Regular batch)

Date	Day	Topic	Staff	Time	Hrs
01/09/2022	Saturday	Biomechanics of vertebral column	Dr.Goutami	10-11	1
03/10/22	Monday	Biomechanics of vertebral column	Dr.Goutami	3-3:45	1
03/10/2022	Monday	Biomechanics of vertebral column	Dr.Goutami	3:45-4:30	1
06/10/2022	Thursday	Biomechanics of vertebral column	Dr.Goutami	8-9	1
06/10/2022	Thursday	Biomechanics of vertebral column	Dr.Goutami	3-4	1
07/10/2022	Friday	Kinetics and kinematics of gait	Dr.Goutami	12-1	1
08/10/22	Saturday	Kinetics and kinematics of gait	Dr.Goutami	10-11	1
08/10/2022	Saturday	Kinetics and kinematics of gait	Dr.Goutami	1-2	1
10/10/2022	Monday	Kinetics and kinematics of gait	Dr.Goutami	3-3:45	1
11/10/2022	Tuesday	Kinetics and kinematics of gait	Dr.Goutami	2-2:45	1
12/10/2022	Wednesday	Kinetics and kinematics of gait	Dr.Goutami	3-3:45	1
13/09/2022	Thursday	Biomechanics of ankle complex	Dr.Kapil	3-4	1
14/10/22	Friday	Biomechanics of ankle complex	Dr.Kapil	12-1	1
15/10/2022	Saturday	Biomechanics of ankle complex	Dr.Kapil	10-11	1
17/10/2022	Monday	Biomechanics of ankle complex	Dr.Kapil	3-3:45	1
19/10/2022	Wednesday	Biomechanics of ankle complex	Dr.Kapil	3-4	1
27/10/2022	Thursday	Biomechanics of TM Joint	Dr.Wani	3-4	1
28/10/2022	Friday	Biomechanics of TM Joint	Dr.Wani	12-1	1
Name of the staff					
Dr.Wani	2				
Dr.Kapil	5				
Dr.Goutami	11				
Total lectures	18				



Subject incharge


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For the Month of: September (II Year Odd and Regular batch)

Date	Day	Topic	Staff	Time	Hrs
05/09/2022	Monday	Basics of biomechanics	Dr. Sanskruti	3-4	1
07/09/2022	Wednesday	Basics of biomechanics	Dr. Sanskruti	2-3	1
08/09/2022	Thursday	Basics of biomechanics	Dr. Sanskruti	3-4	1
12/09/2022	Monday	Basics of biomechanics	Dr. Sanskruti	3-4	1
14/09/2022	Wednesday	Basics of biomechanics	Dr. Sanskruti	2-3	1
15/09/2022	Thursday	Basics of biomechanics	Dr. Sanskruti	3-4	1
16/09/2022	Friday	Basics of biomechanics	Dr. Sanskruti	12-1	1
17/09/2022	Saturday	Basics of biomechanics	Dr. Sanskruti	10-11	1
19/09/2022	Monday	Basics of biomechanics	Dr. Sanskruti	3-4	1
21/09/2022	Wednesday	Basics of biomechanics	Dr. Sanskruti	2-3	1
22/09/2022	Thursday	Basics of biomechanics	Dr. Sanskruti	3-4	1
23/09/2022	Friday	Basics of biomechanics	Dr. Sanskruti	12-1	1
24/09/2022	Saturday	Basics of biomechanics	Dr. Sanskruti	10-11	1
26/09/2022	Monday	Basics of biomechanics	Dr.Sanskruti	3-4	1
28/09/2022	Wednesday	Biomechanics of thorax	Dr. Abhishek	2-3	1
29/09/2022	Thursday	Biomechanics of thorax	Dr. Abhishek	3-4	1
30/09/2022	Friday	Biomechanics of vertebral column	Dr.Goutami	12-1	1
Name of the staff	Alloted lectures				
Dr.Sanskruti	14				
Dr.Abhishek	2				
Dr.Goutami	1				
Total lectures	17				


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Subject- Kinesiology
Month- August 22 (II Year Regular batch)

Date	Day	Topic	Staff	Time	Hrs
01/08/22	Monday	Biomechanics of ADLs	Dr. Ayushi	3-4	1
03/08/22	Wednesday	Biomechanics of ADLs	Dr. Ayushi	2-3	1
04/08/22	Thursday	Biomechanics of ADLs	Dr. Ayushi	3-4	1
06/08/22	Saturday	Biomechanics of ADLs	Dr. Ayushi	10-11	1
08/08/22	Monday	Biomechanics of ADLs	Dr. Ayushi	3-4	1
09/08/22	Wednesday	Biomechanics of ADLs	Dr. Ayushi	2-3	1
Dr. Ayushi	6 lectures				
Total no of lectures	6 lectures				

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Subject- Kinesiology
Month- July 22 (II Year Regular batch)

Date	Day	Topic	Staff	Time	Hrs
22/07/22	Friday	Biomechanics of hip joint	Dr. Kapil	12-1	1
23/07/22	Saturday	Biomechanics of hip joint	Dr. Kapil	10-11	1
Dr. Kapil	2 lectures				
Total	2 lectures				

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